The Harvest

Macdonald College

Monday, October 29th 1990

HAPPY HALLOWEEN!



EDITORIAL

Well it looks like we may not have our "Deepend" for very much longer. You may be asking yourself, "What is she talking about now?" Thursday This past someone ripped a fire alarm box from the wall near the bathrooms in the CC; two Thursdays ago someone made a very large hole in the wall in the CC foyer. Now as is usual with these things no one saw anything and obviously the person responsible certainly isn't talking. So in these instances the bar must assume the cost repairs.

The idea of a student bar is to provide a place for students to go out and have fun at reasonably inexpensive prices. A bottle of beer in a club downtown (even Ste. Anne's) will cost you at least \$3.50, the Deepend price \$2.25 H.H. \$1.75 that's basically half price. Mixed drinks anywhere will cost you upwards of \$6.00 (I'm talking about 'zombies'& 'iced teas', those kinds of drinks), our bar only charges \$4.25, and there is usually a bar special every week.

If that doesn't convince you that you are getting a good deal what about pool? Do you know of many bars with a free pool table? If so let me know, I'm tired of paying a dollar everytime I want to play pool when

downtown. I'm out Several weeks ago a group of people were throwing wax onto our pool table. It may not be a brand new pool table but it was refelted this summer. Ever check out the cost of refelting a full-sized pool table? I doubt many students could afford to pay for it. Fortunately for those involved the pool table was not damaged.

I find it hard to believe that university students could be so disrespectful of property especially; university property. We are supposed to be the educated ones, this is the type of behaviour that is usually associated with "high school dropout"; another of society's great stereotypes down the drain. I don't believe in stereotypes, but I would like to think that by the time a person is old enough to go university that they would have learnt how to respect other people's property. This obviously isn't the case with our students.

This lack of respect isn't only apparent in the Deepend, all you have to do is talk to anyone who lives in Laird Hall about false fire alarms.

I don't know what we can do about this problem, and yes it is a problem. There are two things I can see happening in the near

future though. First, the prices in the Deepend are almost sure to go up in order to cover repair costs. And if you add that increase to the one that will be coming when our wonderful GST effect, comes into student's aren't going to be getting much of a deal anymore. The second thing which is definitely more drastic, but a very real possibility is that the bar will be closed. Student's society getting tired of cleaning up after these incidents, security is getting fed up, and I don't even want to think about what our administration has to say about it. Given the student's track record with the bar, I don't think it will take much for the administration to shut us down. So it might not even be our choice.

I really think its a shame that because of some obviously very stupid and immature people that the entire MAC population will have to suffer.

THINK ABOUT IT!
Do you want to be responsible for the closing of our own bar?
Don't destroy property that doesn't belong to you. If it's an accident tell someone who works there, chances are that council will be understanding - accidents do happen. And if you know anything about any of the incidents

mentioned here or if you see something in the future tell someone at the bar or H.H., even if it's your friend. It just might save our bar.

Now on a lighter note. Don't forget this Wednesday is the Halloween party in the CC Ballroom. Dress up, there will be lots of prizes to be won and it should be a lot fun. And as a sure cure for your hangover the Ag. Econ. Semi-Formal Champagne party is Thursday night in the Deepend. Get out those ties and heels and have a blast.

Some of you may have noticed that on the back page of this weeks issue there is a contest. The rules are pretty simple. You guess what the picture is, fill out the contest slip, tear it out and put it in the green Harvest box in the MS foyer. This Friday we will collect the answers and announce the winner in the mouthpiece on Monday. If there is more than one correct answer the winner will be chosen be draw. The prize for this will be a free pitcher of beer at HH. If the response to this contest is good we will try to have one in every issue.

Enjoy the paper, enjoy the parties this week and enjoy studying for your midterms!!

> Jane Thompson Editor

MACDONALD COLLEGE'S

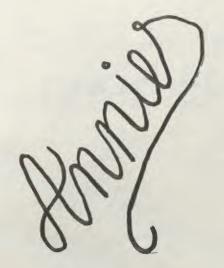
OPEN HOUSE 1990

The first Macdonald College Open House came to a close on Sunday afternoon (Oct. 14) around four in the afternoon. Sure, there were still the requisite plaudits and thank yous to be distributed. But, in the shy yawns of some youngsters in attendance, it was time to close shop. It was a week end of hot pink T-shirts leading packs of alarmingly well behaved teenagers, parents with children and what appeared to be grand parents through the school, adjoining buildings and the farm. The tour was fairly well laid out, with the bikinipink Open house signs in prominence, which allowed folks to meander around unguided. The Open House was conceived as a replacement to the annual Mac Royal. In recent years the Royal had been suffering from February storms and an eroding apathy. The last Royal managed to attract somewhere between 350 and 400 people, which is really a poor attendance considering the potential capacity of the CC and the effort in creating

booths and coordinating. One outstanding difference between the Royal and the Open House is the underlying Both are tone. exhibitons, but where the Royal had this laid back feeling, the Open House is pure hard sell recruitment. The same sentiment was expressed by the chairman of the Open House coordinating committee, the Diploma program's Marcel Couture: "we wanted Open House to coincide with the 'Semaine des Sciences' that goes on in the fall, knowing we would profit from that kind of promotion and exposure." It stands to reason that the publicity worked, catapulting attendance from the 400 of the Royal to over 1500 during the entire Open House week end (Mr. Couture's own figure). Many students, especially those who participated, will probably be amazed to learn that the official plan for the Open House was for a more faculty involved operation than the Royal. As it turns out, there was a conspicuous absence of faculty participation or even faculty presence (with the notable exception o f Ag. Engineering) during crucial times when high schools and CEGEPs came through. opportunity, in some depts., to raise or even build profile among a potential student body was missed, although most displays were quite good. Said Gus in Food Sc., "just look at our booth - people who put this together were students scrambling to get things together in time. Though a good job was done, I really don't think the dept. was involved enough; yet they're the ones who'll profit the most." Many students, in other depts. seemed equally frustrated. Mr. Couture

on page 6





This week our review of "Local Drinking Holes" features a well known pub: ANNIES. Annies, affiliated with "Peel Pub", is a great place to unwind especially on Wednesday nights were chicken wings are only 10 cents each. If your social life has been shoved aside because of the mid-term rush, well have a taste of their "nuclear" sauce and that's guaranteed to heat things up for you. For all you sports fan out there, the big screen T.V. always has a game on for you to enjoy while you suck back a cold one! Annies kitchen is opened till 9 p.m. and offers a wide variety of dishes that will satisfy your taste buds. The place really fills up on the week-ends so be there early. Annies sometimes feature bands as well as "theme nights" so keep an eye out for any special events that may be going on at a pub near you. BURP #! *%



"Mr. Destiny" starring James Belushi plays a middle aged man (Larry Burrows) who is convinced he struck out on life when he lost his high school championship baseball game twenty years ago. Larry's life suddenly changes when he meets a mysterious stranger, Mr. Destiny, who is played by the Academy Award-winner Caine. The Michael movie also stars the

beautiful Linda Hamilton known for her role in the T.V. series "Beauty and the Beast". This light hearted comedy about life is amuzing and leaves you with a message. The movie has a very predictable and typical fairy tail ending, however it is funny and keeps you interested till the end. I believe the movie deserves, on a scale of one to ten a 7!



THE 3 R OF ENVIRONMENT

They're here!!...In Ste. Anne's...the blue boxes for recycling! Great, but what do I do with mine? What goes in it?(you may be saying to yourself).

Well, by simply flipping over the box onto its side, you will see that there is a handy little bilingual chart that tells you precisely what goes in and what stays out. If you're still concerned about the acceptability of a particular article, they've even included a phone number that you can call for questions.

So, it's simple isn't it? And we can all feel good because we're doing our part for the recycling program. Wonderful.

But wait a minute...what's that over there in the corner?? My Goodness, it's that same old darn garbage can that I used to use before I started recycling. And look, it's just as full as before, but with non-recyclables. What's goin' on here!!!

Ah! An all-too-familiar scenario. This is what happens when we allow our "environmentally concious purchasing practices" to slip. We end up buying stuff that can't be reused or recycled.

So for those of you that missed my Supermarket Tour (in celebration of World Food Day) last week, I would like to take the liberty right now to brief you on what you missed. And for those of you that were there, here's a refresher course.

Well even though recycling is great, it's not perfect. As I'm sure you are well aware, many of the recyclables that we are presently collecting are being stock piled in warehouses, patiently awaiting their day.

Thus in the "Three R Philosophy", REDUCE is the first "R". This means that we should be making a more concentrated effort to reject excessive packaging. Concider every package you buy. How much of it is really necessary? Ask yourself this question every time you use a throw-away product such as saran wrap, say, "can I use something else such as an

old plastic bread bag". And don't be afraid to leave any packaging that you deem unnecessary, at the supermarket. Eventually the message will get passed on to someone who has the power to change things.

The next "R" of our philosophy is that of REUSE. It is often confused with the "R" of recycle, but it means something different and is even better. environmentally. Simply put, reuse is the act of making the same item serve over & over again. This means everthing from reusing old shopping bags to using empty yogurt containers to store left-overs, or coffee tins to separate your nails from your screws. It's amazing how thrifty one can become with this "reuse" policy at the forefront of their mind. It takes a little getting used to at first, but soon becomes

on p.7

5QUIZ: food trivia

Test your knowledge of these trivial food facts... (Caution: Do not attempt to win this game if you play with a Food Science/ Nutrition/Dietetics student... Just kidding, of course!)

- 1) Which food additive prevents canned fruit from darkening?
- 2) Which enzyme is used to form the curd in cheese making?
- 3) Which substance is primarily responsible for the excellent breadmaking properties of wheat flour?

4) What type of freezing includes liquid nitrogen at extremely low temperatures (-73.3 C or below)?

5) Where can you find an enzyme named bromelin which is used as a meat tenderizer?

6) Name the protein found in raw egg whites that binds biotin (a B vitamin) and prevents its absorption.

7) Which vitamin is destroyed in your milk if it is exposed to light for an extended period of time? 8) What is the name of the non-carbohydrate nutritive sweetening substance which is 180-200 times sweeter than sugar?

on page 8





OPEN HOUSE

... continued

from page 2

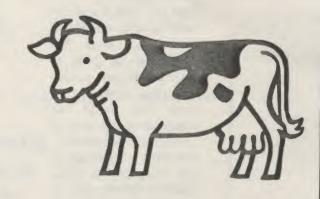
responds, in furrowing his forehead beneath his glasses: "I got a grant for fifteen hundred dollars from the government and also another from the order of Agrologists. You try to get that (as a student); it would take you three months! That's faculty involvement. Professors were supposed to provide a background infrastructure. They have their own work to do. Students who expect more, may disappointed."

On the Friday opened the Open House, there was a relatively high proportion of students, as high schools and CEGEPS were open for business and a trip to beautiful Macdonald College made a nice distraction on a balmy fall afternoon. Inga Lorsen from John Abbott College thought it was really "cool". Although she wishes "there was more on environmental sciences." Saturday saw intermittent rains. There were often stretches of fifteen or twenty minutes, at some displays, when

nobody came round. Fadia, in Plant Sc., had this serene look on her face when she said she had a generally positive opinion of the open Still, many house. people working at the displays confessed their boredom. Angie, in Microbiology expressed it best - that the sheer size of the school tended to spread people very thin. "People are not localized". she said. This bent for roving,

whether induced by curiousity or tedium, seemed to be enhanced by Macdonald Stewart's long sterile halls and Cathy and Lisa's groovy bake sale! Perhaps it was even due in part to the very striking World Food Day display. On Sunday, families were more prevalent. Sunday certainly had a more relaxed atmosphere and less of the mugging for potential students that tended to afflict Friday's tours. A larger emphasis was placed on the farm and the Lyman museum (700 people went through The Open Lyman). House definitely serve its purpose in conveying the flavour of Mac (at least physically) in a way that the Royal never did, yet there were some shortcomings. In

the words of Marcel Couture, the Open House was "a useful exercise" and a "big success". These are probably not very objective words from the fellow who did much of the organizing; but he is interested in the student body's opinions and suggestions so that Open House may perhaps have more effectiveness next year. Perhaps the words of Lise Martin, a chimie/biologie teacher who brought her club Sciences group (outside of school time) from ecole St. Luc in Montreal, will sing truest. "I liked it very much. My students are interested!"



THE 3 R ...

automatic after a little practise.

The final "R" which we encounter is the "R" for RECYCLE, which is where we began. Recycling is not as environmentally sound as the previous two because it includes reprocessing which results in some

energy expenditure and some pollution. But thank heavens for recycling anyways, now we can recycle our resources (wood, tin etc.) instead of losing them forever in those overflowing landfill sites.

So, there you've got it, the Three "R"

Philosophy; Reduse as much as you can, reuse whatever you can't reduce and recycle the rest. As we get more and more profficient at this practise, we will notice that other garbage bag in the corner filling up less and less rapidly. Janice Futz

ARC book sale

For the second time, ARC had its used book sale, but this time, we took only school books, reserving another time for novels. It was held from the 10th to the 13th of September and resulted in a great success; thanks to members that participated and to people

that put their books for sale. In total, we sold 90 books and made 307 bucks that are going to be used to pay posters and other materials we use, as well as conferencers we want to invite, and believe me, this takes a big chunk in our budget. For those that did not succeed to sell their books or have new ones to get rid of, we will have another used book sale at the begining of next semester.

Thanks to all members that participated to the Open House event, it was a good booth and even if it did not show on Saturday, many people have looked at it in the weekend. Another fact should be mentioned: we were thanked by the Dean, Dr Buckland, for our presence during that event.



USED BOOK SALE!!

paperbacks, novels, hardcovers, science BOOKS OF ALL KINDS!!!

bring your books to the Ms 1st floor (near the vending machines), Tues Nov 6-Thurs Nov 8 9 AM - 2PM

(50% of sale price to benefit ARC)



ASK A NURSE:

Dear Elizabeth: My girlfriend is taking "the pill". Yesterday she told me that she had forgotten to take a pill and was taking two to catch up. is this OK? Can she get pregnant? Signed: Wondering

Dear Wondering: When 1 or 2 oral contraceptive pills have been missed or forgotten, it is acceptable to "catch up" however, a back-up method of contraception (ie. condom, foam, sponge) should be used for the rest of that cycle. If more than 2 pills are missed, the remaining pills should be discarded and a new package started when the menstrual cycle begins.

Questions about contraception? Seen the contraceptive sponge yet? Want to buy condoms inexpensively? Why not drop by or call Health Services?!?

MAC SENATE REPRESENTATIVE, ANYONE?

Why do Macdonald students not have a vote on the McGill Senate?

Because Macdonald does not have a Senate Representative.

Although the position has been open for almost two months, no one has submitted a nomination, and Macdonald College Students' Society is therefore without a voice or vote on the McGill Senate.

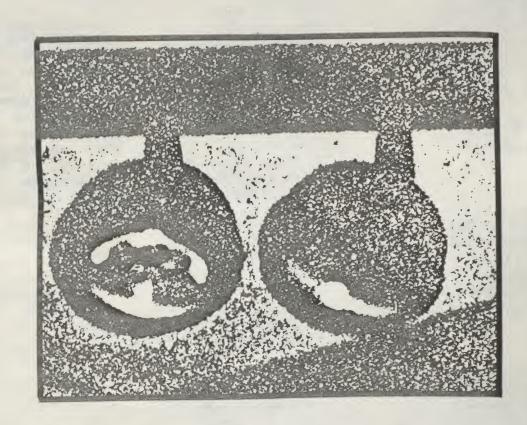
You might ask if this is important, and without going into the details of what Senate does, the answer is "Yes", it is important since many of the issues discussed and decided at Senate have a direct impact on the lives of students. If we do not have a representative there, we have no say or vote.

If you care about this and would be interested in becoming our representative, Senate meetings are generally held once every two weeks (Wednesdays, 2:00 PM) at McGill University. For more information, see Jean, Jim or Stephen at Harrison House.

answers to food trivia quiz on page. 5

- 1) ascorbic acid
- 2) rennet
- 3) gluten
- 4) cryogenic freezing
- 5) pineapple
- 6) avidin
- 7) riboflavin
- 8) aspartame

WHAT IS IT?



GUESS RIGHT AND WIN A PITCHER OF BEER!!

*	 	
WHAT IS IT ?	 	
NAME:	 	
PHONE #:	 	